Gluten ★ FRIENDLY ★ MENU

ST. CLOUD

At Boulder Tap House Saint Cloud, we take pride in offering an extensive gluten-friendly menu. To better accommodate our guests, we utilize a dedicated gluten-friendly fryer, allowing for a wide variety of flavorful options.

While we're happy to provide gluten-friendly choices, please note that due to our shared kitchen environment, we cannot guarantee a completely gluten-free experience. We kindly ask that you inform your server of any dietary needs so we can best accommodate you.

Tasty APPETIZERS

LETTUCE WRAPS 14.99
Your choice of grilled chicken, pork carnitas or grilled shrimp with black beans, corn, peppers and onions. Served with seasoned sour cream, guacamole, pico de gallo and butter leaf lettuce.

MIDWEST SUSHI 9.99
Jumbo dill pickle layered with herb cream cheese and ham, sliced and drizzled with Burger Co. Sauce.

CHIPS AND DIP TRIO 9.99
House-made guacamole, queso blanco and pico de gallo served with fresh fried chips.

TAP HOUSE POTATOES 5.99
Fresh spiral potatoes, cut in-house, deep fried and served with Burger Co. sauce.
Add a flavor for 1.00
Ranch, Dill Pickle, Cajun, or Lemon Pepper Buffalo

TAVERN NACHOS 15.99
Fresh fried chips layered with queso blanco and topped with roasted corn, black beans, lettuce, black olives and pico de gallo. Drizzled with cilantro lime crema and served with house-made salsa.
Served with your choice of grilled chicken or pork carnitas.
Spice it up with pickled jalapeños for 50 cents

LEGENDARY WINGS

TRADITIONAL BONE-IN WINGS
SMALL - 9.99 | MEDIUM - 18.99 | LARGE - 24.99

RICE FLOUR BONELESS WINGS
SMALL - 9.49 | MEDIUM - 16.99 | LARGE - 22.99

WING SAUCES
LISTED IN ORDER OF HOTNESS

- GARLIC PARMESAN
- HONEY BBQ
- SWEET CHILI
- JAMAICAN JERK
- ALABAMA WHITE
- CHIPOTLE RASPBERRY
- SPICY GARLIC
- BUFFALO
- SPICY PEACH
- MANGO HABANERO
- INFERNO

DRY RUBS
- RANCH
- DILL PICKLE
- CAJUN
- LEMON PEPPER BUFFALO

Specialty BURGERS

All specialty burgers are served with your choice of fries, house-made coleslaw, or a cup of soup.
ALL GLUTEN FRIENDLY BURGERS ARE SERVED ON AN UDI'S BUN.
UPGRADE YOUR SIDE FOR AN ADDITIONAL COST.
SUBSTITUTE CHICKEN BREAST OR TURKEY BURGER 1.00

BACON BOULDER SMASH BURGER* 17.99
Two smashed 4oz** Angus burger patties, 2 slices of American cheese, pecan smoked bacon, sauteed onions, Alabama white sauce, butter leaf lettuce, tomato and pickles.

BTH CLASSIC SMASH BURGER* 16.99
Two smashed 4oz** Angus patties with thinly sliced onions smashed into the beef, topped with American cheese and our signature Burger Co. sauce.

SWEAT HEAT SMASH BURGER* 16.99
A little bit of sweet and a little bit of spice - Two smashed 4oz** Angus burger patties topped with ghost pepper jack cheese, pickled jalapeños, spicy peach sauce, butter leaf lettuce, tomato and pickles.

BROWN SUGAR CHEDDAR BURGER* 16.99
6oz** Angus burger patty, brown sugar bacon combined with cheddar cheese, sauteed onions and honey BBQ sauce.

GARLIC AIOLI BURGER* 15.99
6oz** Angus burger patty smothered with garlic aioli and Boursin cheese spread, topped with Swiss cheese and sauteed onions.

HICKORY CHEDDAR BURGER* 16.99
6oz** Angus burger patty, cheddar cheese, pecan smoked bacon, sauteed onions and honey BBQ sauce.

WESTERN BURGER* 16.99
6oz** Angus burger patty, pecan bacon, sauteed onions, double American cheese and BBQ mayo.

UPGRADED SIDES

0.99
- **SEASONED FRIES**
  - Ranch
  - Dill Pickle
  - Cajun
  - Lemon Pepper Buffalo
- **TAP HOUSE POTATIES**
  - Ranch
  - Dill Pickle
  - Cajun
  - Lemon Pepper Buffalo

2.99
- **SWEET POTATO FRIES**
- **SEASONED RICE**

3.99
- **SIDE CAESAR SALAD**
- **STEAMED BROCCOLI**
- **SIDE SALAD**

Build 8.99 YOUR OWN BURGER

Angus beef, served with lettuce and tomato upon request.

CHOOSE YOUR TOPPINGS BTH
Pecan Smoked Bacon 3.00
Brown Sugar Bacon 3.00
Jalapeño Bacon 3.00
Sauteed Mushrooms 1.50
Sauteed Onions 1.00
Banana Peppers 1.00

CHOOSE YOUR CHEESE 1.50 BTH
Pepper Jack
Cheddar
Swiss
American
Ghost Pepper Jack

BYO Burger SIDES

2.99
- Fries
- Cup of Soup
- House-made Coleslaw

3.29
- Sweet Potato Fries
- Seasoned Rice

4.99
- Steamed Broccoli
- Side Caesar Salad
- Side Salad

SCAN TO VISIT OUR UNTAPPD
DRINK SOCIALLY
BEER MENU ONLINE!

WE OPENED OUR DOORS IN 2012 AND WE LOVE OUR BOULDER FAMILY AS MUCH AS OUR EVERYDAY REGULARS. WE ARE LOCALLY OWNED AND ARE PROUD TO BE PART OF THE ST. CLOUD COMMUNITY.

TAP team FAVORITES

SOUPS & SALADS

SOUP & SALAD COMBO 11.99
A side salad combined with a cup of soup.

LEAFY LITE BITE 8.99
Looking for a lighter bite? Enjoy a choice of a garden salad or Caesar salad.
Add grilled chicken for 3.99.

BLACK BEAN CHILI | CUP 5.99 / BOWL 7.99
Topped with shredded cheese.
Load it up with sour cream and red onion for 50 cents.

SOUP OF THE DAY | CUP 5.99 / BOWL 7.99
Ask your server.

CHICKEN, BACON, AVOCADO SALAD 14.99
Spring greens layered with fresh avocado, pecan smoked bacon, red onions and roasted corn. Topped with grilled chicken and served with Dijon mustard dressing on the side.

FAJITA SALAD 15.99
Choice of chicken or shrimp on top of romaine with peppers, onions, roasted corn, pecan smoked bacon, cheddar jack cheese, tomatoes and black beans. Served with chipotle ranch.

BUFFALO CHICKEN SALAD 14.99
Romaine topped with crispy chicken tossed in buffalo sauce, bleu cheese crumbles, tomatoes and red onion. Served with your choice of ranch or blue cheese dressing on the side.

SANDWICHES

All sandwiches are served with your choice of fries, house-made coleslaw, or a cup of soup.
UPGRADE YOUR SIDE FOR AN ADDITIONAL COST.

PULLED PORK SANDWICH 13.99
Seared pulled pork, smothered in our house-made honey BBQ sauce and topped with pickles. Served on an Udi's bun.

CHICKEN AVOCADO SANDWICH 16.99
A grilled chicken breast topped with fresh avocado, pico de gallo, butter leaf lettuce, tomato and poblano avocado ranch. Served on an Udi's bun.

CUBAN SANDWICH 15.99
Sliced ham, pork carnitas, Swiss cheese, red cabbage, sliced pickles and Dijonnaise served on an Udi's bun.

PHILLY SANDWICH 16.99
Shaved beef, topped with onions, banana peppers, green peppers, Swiss cheese and Alabama white sauce. Served on an Udi's bun and au jus on the side.

ORIGINAL CHICKEN SANDWICH 15.99
Grilled chicken breast, dill pickle aioli, butter leaf lettuce, tomato, Swiss cheese and pickles. Served on an Udi's bun.

TACOS

All tacos are served with your choice of seasoned rice, chips & pico de gallo or fries

TEQUILA LIME CHICKEN TACOS 14.99
Marinated chicken, lettuce, mozzarella cheese, crushed chips, fresh avocado, cilantro lime crema and a lime wedge. Served on corn tortillas

FISH TACOS 14.99
Blackened cod, mango salsa, red cabbage, poblano avocado ranch and a lime wedge. Served on corn tortillas

CARNITAS TACOS 13.99
Pork seasoned in fajita marinade, layered with cheddar jack cheese, black beans, roasted corn, tomato and lettuce. Topped with chipotle ranch. Served on corn tortillas.

BOWLS

UPGRADE YOUR BOWL WITH CORN TORTILLAS OR BUTTER LETTUCE WRAPS FOR 1.00

SRIRACHA LIME BOWL 14.99
Seasoned rice topped with shredded carrots, red cabbage, mojo sauce, pickled red onions and fresh avocado, drizzled with sriracha lime crema. Choose between grilled chicken, pork carnitas or grilled shrimp.

MOJO BOWL 14.99
Seasoned rice topped with broccoli, shredded carrots, onions, mushrooms, cashews and mojo sauce. Choose between grilled chicken, pork carnitas or grilled shrimp.

STREET CORN BOWL 14.99
Seasoned rice topped with roasted corn, black beans, pico de gallo, cotija cheese and pickled red onions, drizzled with mojo sauce and cilantro lime crema and garnished with fresh cilantro. Choose between grilled chicken, pork carnitas or grilled shrimp.

Classic CHEESEBURGER, FRY & SHAKE

TAP team FAVORITE

An American Classic for only 16.99
A classic cheeseburger*, fries and classic shake. Served on an Udi's bun.

DIRTY SODAS 6.25

STARRY SHORTCAKE
Starry, cheesecake syrup, strawberry syrup, cream

TROPICAL VOLTAGE
Mountain Dew, Monin Blue Raspberry, pineapple juice

DIRTY DOCTOR PEPPER
Dr Pepper, Monin Coconut, fresh lime juice, cream

MILK SHAKES

CLASSIC SHAKES 6.99
Vanilla
Chocolate
Caramel
Strawberry

SIGNATURE SHAKES 7.99
Cotton Candy
Turtle
Reese's Peanut Butter

BOULDER TAP HOUSE

Delicious COCKTAILS

Boulder Old Fashioned 9
1792 Small Batch Bourbon, Sweet Haven Spiced Cherry & Orange, Filthy Cherry.

Banana Bread Old Fashioned 10
1792 Small Batch Bourbon, banana liqueur, black walnut bitters, chocolate bitters, Filthy Cherry.

Patron Margarita 13
Patron Silver, Tattersall Orange Crema, lime juice, simple syrup, lime, orange, half salted rim.

Hot Honey Margarita 12
Tres Agaves Blanco, Tattersall Orange Crema, Monin Hot Honey Syrup, lime juice, simple syrup, lime, half sugar rim.

Kiwi Crush 10
Crop Harvest Earth Meyer Lemon Vodka, Reàl Kiwi Puree, Welch's White Grape Juice, Finest Call Margarita Mix, strawberry boba.

Rewards PROGRAM

SCAN ME

Love Boulder Tap House? Join our rewards program and earn rewards for your food and drink purchases! Scan the QR code and get signed up today!

March 2026

SCAN TO VISIT OUR SITE:
BOULDERTAPHOUSE.COM
GIFT CARDS AVAILABLE

*Consuming these items raw or undercooked may increase your risk of food-borne illness, especially if you have certain medical conditions.

**The weights listed for these menu items are "pre-cooked" weights, and are not exact, as the weights and portions may vary based on preparation and cooking.

A 2.99% merchant fee will be added to credit card transactions. This merchant fee will be waived on cash, debit card, and gift card transactions